Rashtriya Aarogya Nyaya Sanshodhan Sanstha's
NOOTAN HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL
Narshingaon (Landgewadi),
Kavathe Mahankal Dist-Sangli
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AN ISO 9001-2025 CERTIFIED COLLEGE
(Recognized By National Commission of Homoeopathy, NEW DELHI)
(Affiliated to MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES (MUHS), Nashik, Maharashtra.)

Date: 06/10/2026

Report

Institute / Department	**NOOTAN HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL Narsinhgaon, Tal:KavathemahankalDist:Sangli**
Activity / Event Name	Nasha Mukti Awareness Week Celebration
Date of the event	17thSeptember To 26th september2026
Duration	WEEK
Location	NHMC&H,Narsinhgaon,Kavathemahankal.
Total Number of Participants	All BHMS students
Full Name of Principal with designation	Prof. Dr. Hasina M Mhaishale Mob: 9822112793 Principal NHMC&H
Faculty Coordinator Details (Name, Designation, Contact Details)	Dr. Anilkumar Atpadkar Associate Professor of Practice of Medicine, NHMC&H Mob.95613 38379
Student Coordinator Details (If any)	Mr. Vaibhav Dhage. Mr. Arbaz Khan Miss.Pratiksha Gawas Miss.Yogita Aldar BHMS Student.

Introduction

As part of the **Nashamukti Awareness Week Celebration**, an awareness programme was organized at **Nootam Homoeopathic College** on **26 September 2026**. The programme was conducted with the objective of creating awareness among students about the harmful effects of substance abuse and addiction and to encourage a healthy, responsible, and addiction-free lifestyle.

The programme featured an informative awareness lecture delivered by **Mr. Suhas Ahok Mane**, who was invited as the guest lecturer. The session focused on the importance of understanding addiction, recognizing its adverse effects, and promoting awareness regarding prevention and de-addiction & Followed by Reels competition &Nashamukti Pledge

Objectives of the Programme

The major objectives of the Nashamukti Awareness Programme were:

To create awareness among students about substance abuse and addiction.

To educate students about the physical, psychological, social, and academic consequences of addiction.

To highlight the importance of prevention and early intervention.

To encourage students to maintain a healthy and addiction-free lifestyle.

To develop a responsible attitude toward tobacco, alcohol, drugs, and other addictive substances.

To motivate students to spread awareness about the harmful effects of addiction in their families and communities.

Taking Three Activities in Nashamukti Awareness Programme

1. **Reels Competition**
2. **Taking Nashamukti Pledge**
3. **Nasha Mukti Awareness Guest Lecture**

Participation of Students

Students of Nootam Homoeopathic College actively participated in the awareness programme. The session provided an opportunity for students to learn about the consequences of substance abuse and the importance of maintaining a healthy lifestyle.

The interactive nature of the awareness session helped students understand the subject in a practical and socially relevant manner. Students were encouraged to discuss their concerns and develop greater awareness regarding prevention and responsible behavior.

Importance of the Programme

The Nashamukti Awareness Week Celebration served as an important educational and social-awareness initiative. Educational institutions have an important role in developing health-conscious and socially responsible young individuals. Programmes of this nature help students understand the wider consequences of addiction and encourage them to make healthier choices.

The programme also reinforced the message that prevention, awareness, timely guidance, counselling, and community support are important components of addressing substance-use problems

Outcome of the Programme

The programme successfully provided students with an opportunity to:

Improve their awareness of addiction and its consequences.

Understand the importance of maintaining an addiction-free lifestyle.

Recognize the harmful effects of substance abuse on individuals, families, and society.

Appreciate the role of counselling, treatment, rehabilitation, and social support in de-addiction.

Develop a sense of responsibility toward preventing substance abuse.

Encourage others to adopt healthy and positive lifestyle choices.

Conclusion

The Nashamukti Awareness Week Celebration held at Nootam Homoeopathic College on 26 September 2026, with Mr. Suhas Ashok Mane as the guest lecturer, was an important awareness initiative aimed at educating students about addiction and promoting a healthy, substance-free lifestyle.

The informative lecture and interaction with students helped reinforce the message that prevention and awareness are essential in combating substance abuse. The programme contributed to the development of greater health awareness and social responsibility among the students and supported the broader objective of building an addiction-free and healthier society.


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26 Sep 2026
Saturday
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26 Sep 2026
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Learning Objectives


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PRESENTED BY:-
1ST YEAR
BHMS BOYS









THANK YOU

6/10/2026

PRINCIPAL,
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