



Rashtriya Aarogya Nyaya Sanshodhan Sanstha
NOOTAN HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL
(Recognized By CCH, New Delhi & Affiliated to MUHS, NASHIK)
Narsinhgaon (Landgewadi), Kavathe Mahankal Dist- Sangli.



Breast Feeding Awareness week

August 2025

II yr BHMS Student

Guided by Dr. Sonali Mane

(Asst. Prof. OBGY Dept.)



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Ph : 02343 222738

Email : nootan@nootan.edu.in



Ref: NHMC&H/ 6284/2025.

Date: 01/08/2025

To,
The Incharge
Primary Health Center Deshing
Tal-Kavathe mahankal
Dist-Sangli.

Sub: Regarding Permission to arrange Breast Feeding Awareness Camp.
Ref: Discussion with Dr. Abhijeet Jagdale by Dr.Sonali Mane.

Respected Sir,

With reference to above subject & discussed with you we have decided to arrange a breast-feeding awareness camp as a part of celebration of breast-feeding awareness week on 09/08/2025 in Primary Health Center, Deshing.

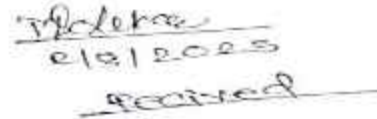
Kindly give us permission.

Thanking You,

Yours Faithfully


PRINCIPAL.

Nootan Homoeopathic Medical College & Hospital
Narsinhgaon, Kavathe Mahankal,
Dist. Sangli - 416 419, Maharashtra


21/8/2025
Received

- Report on Breastfeeding Awareness Week Celebration
- Date: 08/08/2025
- Venue: Primary Health Centre (PHC), Deshing
- As part of the “World Breastfeeding Awareness Week”, an educational session was conducted at Deshing PHC on “8th August 2025”

- The event saw the participation of 15 attendees, including antenatal (ANC) and postnatal (PNC) mothers. The main objective of the activity was to create awareness about the importance of breastfeeding and related health topics.
- The session was conducted by Dr. Sonali Mane (Asst prof). OBGY Dept. & “2nd-year BHMS students”, who shared valuable insights on various aspects of maternal and child health:

- Onkar gave an introductory talk on the importance of breastfeeding, its benefits for both mother and baby, and how exclusive breastfeeding supports infant growth and immunity.
- Sanika explained the significance of Breastfeeding Awareness Week, and demonstrated different breastfeeding positions for effective latching and comfort.
- Sanika Hogade spoke on diet during the antenatal and postpartum periods, emphasizing nutrition-rich foods to support recovery and milk production.

- Renuka Sadafule addressed common breastfeeding complications and breast diseases, including sore nipples, mastitis, and blocked ducts, along with preventive measures and when to seek medical help.
- Amruta Patil highlighted the importance of mental health during the postpartum period, sharing practical tips for emotional well-being and coping with postpartum depression and stress.

- Vedanti provided information about vaccinations for mothers and infants, stressing their role in disease prevention and public health.

- The event was successfully organized under the guidance of Medical Officer Dr. Abhijeet Jagdale (PHC Deshing), whose support was crucial for the coordination and completion of the activity.
- Special thanks are also extended to the ASHA workers and nursing staff of the PHC for their cooperation and involvement.
- The session concluded with an interactive discussion, where mothers were encouraged to ask questions and share their experiences.

- A special Vote of Thanks was delivered by Dr. Sonali Mane, who appreciated the efforts of the students and emphasized the importance of continued community health education.
- We extend our heartfelt thanks to Medical Officer Dr. Abhijeet Jagdale for his support and encouragement in organizing this event. Special appreciation also goes to the ASHA workers and the nursing staff of Deshing PHC for their active participation and assistance throughout the program.

8/8/25

Breast Feeding Awareness Week

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Date	

लीव	तरी	सं. ३
1) पूजा सागर कुंभारकर	25	P.S.H.
2) अमरा अमोल नगनाथ	25	Prabha
3) रुपाणी अमकाश पाटील	19	Rashii
4) पुष्पा प्रकाश जाधव	27	Prabhara
5) गीता अदिप वनडोड	23	Prabha
6) आरती लक्ष्मि अज्जकी	19	Prabha
7) मिरांका बिरुएव मुळकर	22	P.P.P.
8) स्मिता प्रतिक मोसबे	25	Prabha
9) स्मिता राहुल कावडे	27	S.P.K.
10) तेजस्विनी सागर जाधव	30	Prabha
11) कुसुमाबाई कृष्णा डोळके	30	K.K.S.
12) सीमा अकास पाटील	32	Prabha

Dashing PHC

Medical Officer - Dr. Abhijeet Jagdale

Nursing staff - 2

Asha worker - 1

Photo gallery



Positions for breast feeding







Diet and hygiene



Immunization



